

## Week Four

Week Comm

21/11/16, 02/01/17, 30/01/17, 06/03/17, 03/04/17,  
15/05/17, 19/06/17, 17/07/17

Monday

Sweet Tomato & Lentil Pasta Bake **V/VEGAN**,  
Bean & Vegetable Quesadilla **V/VEGAN**,  
Golden Vegetable Rice,  
Seasonal Vegetables,  
Chocolate & Pear Fudge Pudding,  
Alpro Dessert **VEGAN**,  
Milk, Bread, Fruit, Salad & Yoghurt

Tuesday

Barbecue Meat Ball Sub,  
Veggie Ball Sub **V**,  
Jacket Potato **VEGAN**,  
Wedges, Beans, Seasonal Vegetables  
Toffee Apple Cupcake **VEGAN**,  
Milk, Bread, Fruit, Salad & Yoghurt

Wednesday

Gammon & Pineapple,  
Cauliflower & Broccoli Bake **V**,  
Stuffed Pepper **VEGAN**,  
Roast & Boiled Potatoes,  
Seasonal Vegetables,  
Ice Cream with Fruit,  
Sorbet & Fruit **VEGAN**,  
Milk, Bread, Fruit, Salad & Yoghurt

Thursday

Ham & Pineapple Pizza,  
Roasted Vegetable Pizza **VEGAN**,  
Ranch Style Potatoes,  
Seasonal Vegetables,  
Apple Cake,  
Sorbet & Fruit **VEGAN**,  
Milk, Bread, Fruit, Salad & Yoghurt

Friday

Popcorn Fish,  
Mediterranean Puff **V/VEGAN**,  
Chipped Potatoes,  
Peas & Baked Beans,  
Fresh Fruit & Yoghurt,  
Fresh Fruit & Alpro Yoghurt **VEGAN**,  
Milk, Bread, Fruit, Salad & Yoghurt

AVAILABLE  
DAILY

Jacket Potato with choice of fillings