

Week 2 – Weeks commencing 14/01/19 & 04/02/19

Choices	Monday	Tuesday	Wednesday	Thursday	Friday
Main course one	Cheese and Tomato Pizza	Beef Bolognese	Roast Pork and Apple Sauce	Chicken Korma	Battered cod
Vegetarian dishes	Chickpea and Sweet Potato Curry (GF)	Vegetable Frittata (GF)	Quorn Fajita wraps	Potato Skins filled with Tomato & Cheese (GF)	Falafel
Vegetable choice	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Mushy Peas Peas
Appropriate choice of potato, rice or noodles	Roasted New Potatoes Rice	Spaghetti Garlic Bread	Roast potatoes Gravy	Rice	Chips Curry Sauce
Dessert	Choc Chip Shortbread	Lemon Drizzle Cake	Fruit Crumble and Custard	Australian Crunch	Ice cream and Fruit Sauce
Jacket potato choice	Beans, cheese and Tuna	Beans, cheese and Tuna	Beans, cheese and Tuna	Beans, cheese and Tuna	Beans, cheese and Tuna
Salad Bar	Available	Available	Available	Available	Available

(GF) Gluten Free