

Week 1 – week beg 5/9/17, 25/9/17, 16/10/17, 30/10/17, 20/11/17, 11/12/17

Choices	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Homemade salmon fish cakes	Chicken and vegetable pie	Roast Beef Yorkshire pudding	Meatballs in a BBQ Sauce	Breadcrumbs cod
Vegetarian Dish	Macaroni cheese	Quorn sausage	Red Onion and Feta Quiche	Lentil and veg Lasagne	Chilli bean Quesadilla
Vegetable Choices	Freshly prepared Vegetables	Freshly prepared Vegetables	Freshly prepared Vegetables	Freshly prepared Vegetables	Freshly prepared Vegetables
Potato, rice or Pasta choices		Creamed potato	Roast potatoes	Wholegrain rice	chips
Dessert of the day	Apple Crumble with Custard	Lemon Drizzle Cake	Mandarins in Orange Jelly	Chocolate sponge with Chocolate Sauce	Vanilla Ice Cream Fruit sauce
Dessert available every day	fresh fruit Yoghurt	fresh fruit Yoghurt	fresh fruit Yoghurt	fresh fruit Yoghurt	fresh fruit Yoghurt