

Week 1 - Weeks commencing 07/01/19 & 28/01/19

Choices	Monday	Tuesday	Wednesday	Thursday	Friday
Main course one	Macaroni Cheese	Gammon with Pineapple (GF)	Roast Turkey and Stuffing	Meatballs in Tomato Sauce	Breaded Cod
Vegetarian dishes	Quorn Sausages in Onion Gravy (GF)	Lentil and Carrot Patties (GF)	Cheese Pin Wheels	Sweet and Sour Quorn (GF)	Veggie Mince Shepherd's Pie (GF)
Vegetable choice	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Mushy Peas Pea's
Appropriate choice of potato, rice or noodles	Midi Potatoes	Sauté Potatoes	Roasted Potatoes	Rice	Chips Curry Sauce
Dessert	Jam and Coconut Sponge	Carrot Cake	Apple Crumble and Custard	Fruit filled Pancakes & Chocolate Sauce	Ice Cream and Fruit Sauce
Jacket potato choice	Beans, cheese and Tuna	Beans, cheese and Tuna	Beans , cheese and Tuna	Beans, cheese and Tuna	Beans, cheese and Tuna
Salad Bar	Available	Available	Available	Available	Available

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(GF) Gluten Free